



KS1 Feedback from children about Physical Education (July 2023)

General questions about Physical Education

Children from Reception, Key Stage 1 and Key Stage 2 have feedback on Physical Education. Some of the questions asked may have been slightly re-worded so they were accessible to children of all ages .

<p>What is Physical Education about?</p> <ul style="list-style-type: none"> • Activities like running around. • You can do exercise. • Fun activities and games.
<p>Why is Physical Education important?</p> <ul style="list-style-type: none"> • It makes your body healthy. • It is good for you because you get exercise and get stronger. • It helps you get strong.
<p>Tell me about your favourite piece of work in Physical Education and tell me why you enjoyed learning about this</p> <ul style="list-style-type: none"> • Relay races in sports day – it was really fun. • I like running longer laps and going for a long time. It is fun. • Playing games like piggy in the middle and it's one of my favourite games.
<p>Are there any areas in Physical Education that you are still unsure about?</p> <ul style="list-style-type: none"> • Running around without stopping because you get out of breath. • Difficult things like egg and spoon race because my egg doesn't balance. • Hopping can be quite difficult.
<p>How do you know if you are doing well in Physical Education?</p> <ul style="list-style-type: none"> • You practice a lot. • You get better and better each time you do something.
<p>What happens if you are finding work difficult in Physical Education?</p> <ul style="list-style-type: none"> • Tell the teacher. • Your friends might be able to help you. • Keep trying and never give up or settle for less than your best.
<p>What do you need to do to improve your learning in Physical Education?</p> <ul style="list-style-type: none"> • By practising your skills and you can practise at home. • You can run faster to help.
<p>In Autumn term you completed some work on social skills and teamwork in Physical Education, what can you tell me about it?</p> <p>Children found it difficult to recall specific activities. I showed children the REAL PE platform and they recognised some of the games that are suggested.</p> <ul style="list-style-type: none"> • "Teamwork makes the dream work."
<p>If you were to complete this work again, what would you do differently?</p> <ul style="list-style-type: none"> • Try harder in the lessons and listen better.
<p>Can you explain what some of this Physical Education vocabulary means?</p> <ul style="list-style-type: none"> • Agility – Working hard. • Underarm – modelled an underarm throw. • Mirroring – Like a reflection. • Technique – Doing a skill right. How to do something. • Relaxation – Taking a break and feeling calm and quiet.
<p>Can you think where this learning link to things that you have learned before in Physical Education with a different teacher?</p> <ul style="list-style-type: none"> • In Reception, we got the equipment out on the walls and did climbing. • We use benches and things and the mats.

'Never settle for less than your best'



Feedback from Key Stage 1 children about Physical Education (July 2023)

Subject specific questions about Physical Education

Children from Key Stage 1 have feedback on Physical Education. Some of the questions asked may have been slightly re-worded so they were accessible to children of all ages

How do you stay fit?

- Drinking water and having protein.
- Eating healthy things and exercising.
- Going to the gym like the one in Tyldesley.

What does a PE lesson look like?

- Staying fit and running and doing exercises.
- At the beginning, do a warm up and get on the line and do things like star jumps.
- Might be on the playground or in the hall.

What game could you make using this ball? (tennis ball)

- You could play tennis – that's the best.
- Have two groups and throw the ball and you can't drop it or you're out.
- Dodgeball.

Explain how I might improve mental health

I explained what I meant by mental health – keeping the mind healthy

- Sleeping more will help.
- Don't get stressed and ask for help.
- Exercise and don't get distracted.

What do you do at home that helps with PE?

- Exercise a lot.
- Play football or things in the garden.
- We have a trampoline and can play on that.

Action to take as a result of Key Stage 1 Pupil Feedback on Physical Education

Ensure children are aware of specific skills being taught in PE – particularly in REAL PE in terms of the cogs and in outdoor PE to promote connectivity between sports.

Children need to know the amount of physical activity that primary aged children should receive (at least 60 minutes per day). The children struggled when discussing how to improve their own ability – make use of REAL PE videos and emphasise steps to improvement.

Next Pupil Feedback review: Summer Term 2024

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